

Dr Paulina Želvienė is a clinical psychologist and is one of the core members of the Centre for Psychotraumatology at Vilnius University, Lithuania. Paulina Želvienė is a vice-president of the Lithuanian Society for Traumatic Stress Studies (LSTSS), the president of EMDR Lithuania Association, and a member of EMDR Europe research committee. In 2020, Paulina was elected a member of the Young Academy of the Lithuanian Academy of Sciences. Her scientific interests are psychotraumatology, evidence-based treatment, stress and resilience in adolescence.